





BELL SCHEDULE – Q2 – starting January 4, 2021 Take a pic with your phone

GRADE 9/10's	GRADE 11/12's
P1 7:55 – 9:10 am	P1 7:55 – 9:10 am
P3 9:15 – 11:15	BREAK 9:10 – 9:25 am
FLEX 11:15 – 11:45 am	P3 9:30 – 11:30 am
LUNCH 11:45 am – 12:15 pm	FLEX 11:30 AM – 12:00 pm
P5 12:20 – 2:20 pm**	LUNCH 12 – 12:30 pm
FLEX 2:20 – 2:50 pm	P5 12:35 – 2:35 pm**
	FLEX 2:35 – 3:05 pm
** <mark>P3</mark> Mon/Thurs students A-L	** <mark>P3</mark> Mon/Thurs students A-L
Tues/Fri students M-Z	Tues/Fri students M-Z

Digital Learning 10

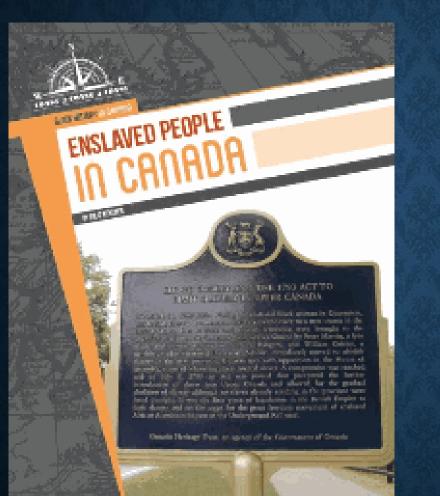
Hey grade 9s (last names E-M)! A friendly reminder:

Assignment 3 Due: Tues Jan 5th

Next Tutorial: Wed Jan 6th

Extra Support: FLEX & Lunch daily room 303





KATHARINA VESTRE

THE MAKING OF YOU

The Incredible Journey from Cell to Human

NEW LIBRARY BOOKS

KODIAK ATHLETICS







VIRTUAL MEETINGS ON TUESDAYS

GARDENBANK SOCIETY

Interested in nurturing nature and fighting food shortages?

- Food Drives
- · Planting school gardens
- Fundraisers
- Recycling
- · Community events
- Volunteer hours
- Excellent on university applications

SCAN HERE:





HWSOAP TUTORING

Contact <u>hwsoaptutor@gmail.com</u> for free online peer tutoring in all school subjects!



CAREER CENTER



Grade 12 students: Scholarships!!

Please see the link for a power point presentation with information on some upcoming major scholarship opportunities.

- You will find links to these plus other scholarships on the career centre webpage under the Finances/Awards tab.
- This PPT is also located on the front page of the Finances/Awards page.
- <u>http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/care</u> <u>er/Pages/FinancialAid.aspx#/=</u>
- Scholarships are listed by due date. Most are external but some are entrance/school specific so check both places.
- Please remember to check back to that page regularly. It is updated as information is released for 2021 scholarship deadlines and procedures.

If you have questions about scholarships please email Ms. Butler dbutler@sd43.bc.ca

Upcoming Virtual Info Sessions:

University of Northern BC (UNBC) Future Students Information Session - SD 43

- Tuesday, Jan 12th, 4:30 5:30 pm
- Register in advance for this webinar:
- https://ca01web.zoom.us/webinar/register/WN_q4Vv0MwzTN2PQhqfCe_otA

Wednesday, Feb 17th, 4:30 – 5:30 pm

- Register in advance for this webinar:
- https://ca01web.zoom.us/webinar/register/WN_-bI-XwDhSBaqvuGltDY2Yw

Thursday, Mar 25th, 4:30 – 5:30 pm

- Register in advance for this webinar:
- https://ca01web.zoom.us/webinar/register/WN_7tGZQjlRQ1ewvORKZ9CutA

SFU

IN 2020, TECHNOLOGY HAS BEEN ARGUABLY MORE IMPORTANT THAN EVER, AND WE ARE LOOKING TO INTRODUCE THE FIELD OF APPLIED SCIENCES TO NEW INDIVIDUALS.

SFU'S FACULTY OF APPLIED SCIENCES INVITES SENIOR STUDENTS TO JOIN US FOR A SERIES OF WEBINAR SESSIONS THROUGHOUT THE MONTH OF JANUARY!

THE WEBINARS WILL BE TAKING PLACE ON THE FOLLOWING DATES AND TIMES:

- JANUARY 7TH 4:30 5:30 PM GENERAL APPLIED SCIENCES PRESENTATION
- JANUARY 13TH 4:30 5:30 PM GENERAL APPLIED SCIENCES PRESENTATION
- JANUARY 27TH 4:30 5:30 PM GENERAL APPLIED SCIENCES PRESENTATION
- JANUARY 19TH 4:30 5:30 PM SUSTAINABLE ENERGY ENGINEERING PRESENTATION
- JANUARY 20TH 4:30 5:30 PM SOFTWARE SYSTEMS PRESENTATION
- JANUARY 21ST 4:30 5:30 PM MECHATRONIC SYSTEMS ENGINEERING PRESENTATION
- IF YOU ARE INTERESTED IN ATTENDING ONE OF THESE SESSIONS RSVP: <u>https://www.sfu.ca/fas/prospective-students/events.html</u>

FAS <u>Advising Schedule</u> COVID-19 <u>Student Resources and Support</u> New to SFU? Learn more about <u>FAS</u> Are you a future FAS student? <u>Attend an upcoming info session</u>!





Did you apply to York University?

Enter for a chance to win FREE TUITION for a year! <u>https://www.yorku.ca/rightthefuture/#entry-form-1</u>

BC Excellence Scholarship is now OPEN

There are 55 BC Excellence Scholarships available to recognize well-rounded B.C. graduates. Winners demonstrate service and leadership, both at school and in their communities. Winners also show aptitude and commitment to their chosen career paths. They will receive a \$5,000 scholarship voucher to use towards their post-secondary tuition.

Getting Started

 You must be nominated by your secondary school in order to apply for this scholarship. Only one student from each school may be nominated. The nomination information is below and on the HWSS Scholarship website. Deadline for nomination application to Ms. Butler is January 15, 2021 12:30 pm

Application for nomination:

- You must submit everything required for the online application (resume using the online template, two reference letters, written statement using online template) PLUS a copy of your most recent transcript from Student Transcript Service. DO NOT complete the BC Excellence Nomination Form - only the one selected student will complete that form.
- https://forms.gov.bc.ca/education-training/bc-excellence-scholarship-application/

Eligibility

- Students selected as conditional recipients of the BC Excellence scholarship must meet the following requirements by August 31 of their graduating year to be confirmed as a recipient and receive their scholarship voucher:
- meet basic eligibility requirements;
- be eligible for a B.C. Certificate of Graduation (Dogwood Diploma);
- fulfill the requirements of the B.C. Graduation Program;
- · be graduating in the same year the scholarship is awarded; and
- have the following final marks.
 - Minimum "B" average in grades 11 and 12 courses required for graduation.
 - Minimum "B" (73% or above) in Language Arts 12.
 - Minimum "B" average, no more than one "C+" (67% or above), and no marks lower than "C+" in courses that fulfill graduation requirements for Science 11 or 12, Math 11, and Social Studies 11 or 12.

Reminder: ONE STUDENT may be nominated from Heritage Woods but only 55 students in BC are selected as winners.



Get answers to your questions

• Applying to ECU? Register for a one-on-one portfolio review to receive feedback on your portfolio before you submit your application

Spots are limited—register now!

31 Applications close on January 15, 2021

This is the deadline to apply and submit your transcripts and portfolio.

If your first language is not English, regardless of immigration or citizenship status, you must also submit an English Language Proficiency test score.

Keep track of everything with our application checklist.



Virtual Law March Break Week Law YSP March 15 – March 19, 2021

Even at this time of physical distancing, we look forward to continuing to connect our participants and their deep curiosity, passion and enthusiasm for law!

Want more information? Take a look at our website.

ysp.law@utoronto.ca

Registration opens: Wednesday, December 16, 2020 at 10:00 am Eastern Time!



Please find below 3 links for students interested in SFU Faculty of Environment and our programs in Archaeology, Geography, Resource and Environmental Management, and Environmental Science.

The first link is to our "on-demand" Test Drive Your University Experience in the Faculty of Environment. Students can view "on-demand" versions of our successful presentations with professors and students from our programs.

VIEW "ON-DEMAND" WEBINARS

The next link is to the Faculty of Environment 8 minute recruitment video. Students will dive deeper and learn about award winning research, rewarding career outcomes, and why they should apply to the Faculty of Environment.

WATCH THE VIDEO

The last link is a PDF of our faculty viewbook. In this publication, you will find unique student stories, co-op job opportunities, and why the Faculty of Environment is "More Than You Think".

<u>SET THE VIEWBOOK</u>

SEU Have you applied to SFU but have some questions about what to do now?

Check this page for information for applicants: https://www.sfu.ca/students/admission/apply/applied/fall.html

> Here is a handy video on self-reporting your grades: https://vimeo.com/488612555/a1d5f1a3cc

If you have questions – please email Ms. Butler to schedule an appointment <u>dbutler@sd43.bc.ca</u>

Summer STEM Institute

Making research and mentorship accessible to high school students.

The Summer STEM Institute (SSI) is a 6-week virtual summer program from June 20 to August 1, 2021. SSI is an international program that provides academically talented and highly motivated students the opportunity to learn through a data science and research bootcamp, a Masterclass lecture series, weekend challenges, and a mentored research project.

- Bootcamp: learn how to design and conduct a data science research project.
- Pursuing research in high school is difficult. Many students are scientifically curious and are eager to conduct research but often lack the right training to do so. The SSI Bootcamp empowers motivated high school students with the training to conduct data science research projects.
- The Summer STEM Institute (SSI) program was started last summer by educators, students, and graduates from Stanford, Harvard, and MIT. Last year, SSI received over 2,450 applications from students in 78 different countries.

Many students who attended the program said SSI changed their lives and asked for the team to continue running SSI in future years. Applications for SSI 2021 have just opened.

The program consists of three main parts:

- Research and data science bootcamp: Students learn how to design and conduct data science research projects. Students learn
 about the research process and how to apply statistical and machine learning methods to address scientific questions with realworld impact.
- Masterclass lecture series: Students are connected to accomplished young adults around the world. Students have the opportunity to learn about entrepreneurship from Forbes 30 Under 30 recipients, science research from International Science and Engineering Fair (ISEF) grand prize winners, and other topics from speakers with diverse backgrounds and experiences.
- Mentored research project: Students complete a research project through a rigorous, hands-on learning experience under the guidance of mentors. Previously, students have worked in a variety of fields, from computational biology to quantum physics.

Students and families can learn more about SSI and apply on our website here: <u>https://www.summersteminstitute.org/</u> and here:

BISHOPS UNIVERSITY

Thursday, Jan 14, 2021 05:00 PM PST: https://us02web.zoom.us/meeting/register/tZMrduCrpzIjGNQebEFJTQLKISUGCsWDp stl

→After registering, students will receive a confirmation email containing information about joining the meeting.

REPEAT NOTICES



Calling all high school students! Volunteer Opportunity!

Are you looking for a meaningful way to engage your students with an impactful COVID-safe volunteer opportunity? Do you have 5-minutes to narrate a digital storybook that will support over 50,000 learners around the world, including 37,000 learners in underserved and refugee communities?

Hello! My name is Emily and I work with Simbi Foundation, a UN-partnered nonprofit that collaborates with schools around the world to meet their education needs with solar-powered & research-driven solutions. So far, we have directly supported over 37,000 learners in refugee settlements and remote areas of Uganda and India with our BrightBox solar-powered classrooms, learning resources, and Simbi reading software and we need your help!

We would like to invite you to participate in our #GiftYourVoice Read-a-Thon. Can we join together to read 1,000 books during the month of December to support over 50,000 learners in 64 countries on their reading journeys?

All participating students will receive a signed volunteer certificate for their time spent reading! Click the magic link to join the group here: https://read.simbi.io/TjYzaWlxc1hqbA--

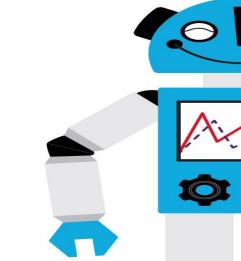
You can find all the resources you need <u>right here</u> on our website, including a starter video that runs you through how to "gift" your voice to make an impact!

We have English and French books that need narrations.

Shad2021

Virtual STEAM & Entrepreneurship program

- Grade 10 & 11
- 20 days & 100 hours
- ~1000 participants





Real-world design challenge

aurentianUniversity niversiteLaurentienne

McMaster

University

Work with like-minded youth to come up with a solution to a real-world problem that impacts humankind! **#STEAM4Good**

Virtual University partners



DALHOUSIE

UNIVERSITY



CALGARY



Prince Edward ISLAND











Application **deadline** Dec. 7, 11:59 pm ET Apply and learn more: www.shad.ca/apply



Date of event is still TBA, for more detailed information, visit our Instagram @mime.x_society or website https://www.mimex.org/

MimeX Social Society: VR Multicultural Art Fair

What is MimeX?

MimeX Social Society is a registered youth-led non-profit organization navigating the potentials in society, striving to bond and appreciate the diverse community through gratifying experiences.

Are you passionate about art? Or do you want to learn more about different art cultures?

Sign up to participate in our first event, a multicultural art fair, where you get to showcase a meaningful piece of artwork in any format and attend a workshop with professional artists & professors. You will also get the chance to share your experience with similar people and take inspiration from others!

Benefits of attending:

- Broaden your horizons through learning more about yourself and others
- · Automatically enter a draw with awesome prizes
- Receive a certificate of participation

Advice on making friends? Study tips? Conflict resolution Highschool questions? ideas? Mobile Mentops Need advice on highschool issues? Just DM our Instagram or email us to

speak to an experienced grade 12 mentor confidentially.

@hwssmobilementors hwssmobilementors@gmail.com

VOLUNTEER OPPORTUNITY



- The Snow Angels program is actively recruiting volunteers for the winter season. We are looking for volunteers to assist individuals in our community who are unable to clear snow from the city sidewalks due to physical disabilities or restrictions. This is an on call position for volunteers until March 31; weather dependent.
- To Be a Snow Angel you must:
- Be 16 years of age or older;
- Live within close proximity of the participants houses; you can sign up for addresses that are close to you from the volunteer database;
- Clear snow from your matched city sidewalk(s) within 10 hours of the cessation (stop) of any snowfall that cased any accumulation of snow or ice on any city sidewalk
- Complete the snow shoveling before 7:30 pm (not to shovel in the dark)
- Be in adequate physical condition and capable of clearing snow
- Shovel, safety vest, toque and scarf are provided! (if needed)

Commitment: 1-2 homes per individual for the winter season; which is typically from mid-November to the end of March.

- If you would like to volunteer, please signup using this link http://bttr.im/xd7fg and sign up for an volunteer account. You will need to complete a Police Information Check and once this is complete you can sign up as per below:
- Opportunities Tab click on filter by organization
- Organization City of Coquitlam Special Events/Projects, Park Programs, Snow Angels, Volunteer Training
 - Category Snow Angels Sign-up (let us know that you are interested)
- Snow Angels Orientation Manual is will be sent upon approval, and please watch the <u>Proper Snow Shoveling Techniques video</u>. Then you can you can sign up for addresses that are close to you from the volunteer database;
- Organization Snow Angels Sidewalk Snow Removal
- Sign up for any of the addresses that are listed (more are added daily/weekly)
- Once you confirm assignment, Community Services staff will email you the exact address for you are to shovel in the event of a snow fall.
- Keep track of/log dates and hours volunteered through <u>www.myvolunteerpage.com</u>
- For more details or assistance, call the Volunteer Services at 604-927-6922 or email volunteers@coquitlam.ca.

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Sasamat Outdoor Centre Youth Leadership Program

January - April for High School Students

With over 30 years of community leadership programming. Sasamat outdoor centre has a fun and engaging curriculum.

4 month long program includes: Weekly 2 hour (online) lessons Experienced leadership staff and

- Hands on learning and weekend
 - Leadership Certification

Covid safety and risk management Rigorous cleaning routine and risk

- We follow the most up to date guidelines
- provided by health officials We have seen success with our safety
- practices throughout our summer and weekend day camp programs.



Registration is now open!

For details or to register check out www.Sasamat.org or give us a call at 604 939 2268



Weekend events hosted at Sasamat Outdoor Centre!

- Weekend events hosted on 6 acres of outdoor space
- **Overnights include individual rooms** and cabins (with options for up to two people upon request)
- Weekend outdoor day trips like snow shoeing, hiking, and canoeing!





Science Connecting Youth

Interested in science and medicine but still not sure which specialty to pursue?

We feature undergraduate/graduate students and working professionals on our platform where you can ask questions about their experiences in science and medicine!

Check out @scyvancouver on Instagram or <u>our website</u> to learn more about what opportunities are out there for you!